

# NO MORE SIDELINES

## Code of Conduct and Responsibilities of Volunteers

Volunteering to participate in the activities of No More Sidelines, a non-profit corporation, is a rewarding opportunity that carries with it important responsibilities. NMS depends upon volunteers to interact positively with all persons, act in a mature and ethical manner and demonstrate a high level of responsibility and integrity.

As a volunteer, you are expected to:

1. Set an example for all NMS participants:

- Do NOT consume or be under the influence of alcohol or illegal substances or medications (prescribed or otherwise) that may impair your functioning;
- Do NOT use profanity at any time while acting as a volunteer;
- Avoid any physical or verbal behavior that may be considered abusive or misunderstood or misinterpreted by participants or others;
- Be helpful to and supportive of everyone associated with NMS;
- Encourage NMS participants to follow the rules for each NMS activity.

2. Demonstrate good sportsmanship:

- Support the decisions of referees, judges and committees;
- Be respectful during NMS activities and help participants to behave likewise;
- Praise all participants for their efforts and encourage them to be happy for the success of others;
- Support and encourage the other volunteers and staff.

3. Be continually vigilant and aware of participant safety:

- Never leave a participant unattended;
- Report anything you observe which you feel may harm a participant or disrupt an activity;
- Never put yourself in a compromising situation with a participant or other person - remember that even innocent actions may be misunderstood.

I have read and agree to abide by the Code of Conduct set forth above.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_